

LEARNING | WISDOM | SERVICE

CO-CURRICULAR PROGRAMS





Growing and Nurturing Excellence in Learning, Wisdom and Service



... to Engage and Challenge in every program; Strengthen and Innovate in every direction; Sustain and Mature in all our practices.



FROM THE PRINCIPAL



At Thomas Hassall Anglican College we partner with you to educate, nurture and develop your child so that they might reach their full potential.

We offer a wide range of co-curricular options at the College so that our students can be challenged and motivated to use their gifts and talents.

We encourage our students to get involved in these opportunities, whether in music, sport, debating or the Duke of Edinburgh program, so that they may excel in their learning and growth.

Our programs are run by coaches and trainers who are experts in their fields. They've had extensive experience and their knowledge in their specialised fields allows them to teach students to a very high standard.

We look forward to partnering with you on your child's journey.

Ross Whelan College Principal

BASKETBALL

ADVANCED PATHWAY PROGRAM (APP)

The Advanced Pathway Program - Basketball is aimed at developing not only the player, but the team as a whole. It is designed to target students in both Junior and Senior School College Representative teams, complementing the training programs that they are committed to after College hours.

In addition to developing on-court individual and team skills, we are looking to introduce an age appropriate strength and conditioning component, as well as information about nutrition, psychology and time-management. Students will have the opportunity to compete in MISA and IPSSO competitions, NASSA Gala Days, as well as having the opportunity to follow the CIS representative pathway.

The College program is closely affiliated with Wildfire - Camden Valley Basketball Association. Coaches will be able to guide students to the appropriate external pathways for games and other competition. The College also looks to provide competition against other school teams in the area.

SELECTION

Trials for the APP Basketball Program for students in Years 6 - 12 will occur early in Term One 2023. The program commences in Week 4, Term One and continues for 35 weeks, until Week 8, Term Four.

APP Year 7-12 Boys Basketball Training sessions are held weekly on Friday mornings 6.45 – 7.45am.

APP Year 6-12 Girls and APP Boys 6-10 Basketball sessions are held weekly on Monday mornings 6.45-7.45am.

*Please note boys will be allocated to either Monday or Friday sessions after trials.

Once selected, students remain in the program for the entire year.

Please note, no refund will be provided if your child is sick, absent or withdraws from the program. The cost for the yearly program is \$180.00.

UNIFORM

All students in the APP Basketball Program are required to wear the APP Basketball training uniform. Until this is available to purchase next year, students should wear their College Sport uniform and non-marking joggers/ basketball shoes for the session.



BASKETBALL DEVELOPMENT PROGRAM:

The Basketball Development Program is offered to both boys and girls from Years 1-12. The one hour sessions are designed to improve the skill level of each individual and cater for all abilities.

There are no trials for this program.

All Junior School sessions will occur from 3.00pm-4.00pm.

The Basketball Development program is 35 weeks in duration and commences in Week 4 of Term One

The year long program continues weekly until the end of Week 8, Term 4.

WHAT TO WEAR

Students in the Basketball Development Program will wear their College Sport uniform and non-marking joggers/ basketball shoes for the session.

PROGRAM COSTS

Students can be enrolled in one or more days of the Basketball Development Program and fees are payable per day enrolled, for the calendar year.

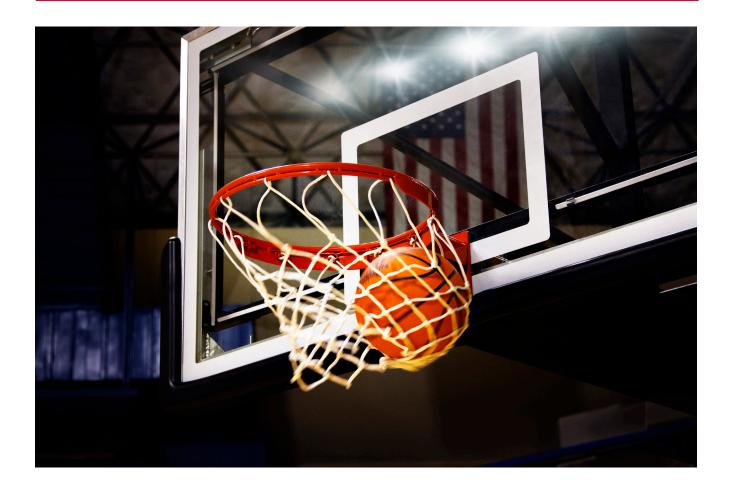
The cost for the yearly program is \$490 and will be charged to the College account.

Please note, no refund will be provided if your child is sick, absent or withdraws from the program.





BASKETBALL





HEAD COACH

In 2023, the College will be announcing a new highly experienced Head Coach.

WHAT NEXT?

Complete the registration form indicating which program you are interested in, using the College website <u>www.thac.nsw.edu.au/book</u>

Once registered, students interested in trialling for the Advanced Pathway Basketball program will receive an email with trial information.

Students who register for the Basketball Development programs will receive a confirmation email once accepted into their chosen program.

DANCE

Classes have been designed by style and year levels. Students can be enrolled in one class or a number of classes. Each style of dance is described below:

BALLET

Ballet is a classical dance style that combines techniques and conventional poses that follow specific rules regarding the positions of the arms, feet, and body. Ballet also offers poise, gracefulness and performance quality that is foundational for any dancer to improve strength, flexibility and posture as a basis for all dance styles.

JAZZ

Jazz is a hybrid of dance styles collected from classical ballet, modern dance, and other dance styles of past and present. Jazz dance includes the use of creative freedom and syncopation whilst incorporating foundational dance technique from ballet. Jazz is exciting and fast and is a fantastic style to improve confidence, dance technique and fitness.

HIP-HOP

Hip-hop dance is a unique and exciting style of street dance that is most commonly performed to hip-hop music. Hip-hop dance is a vibrant form of dance that combines a variety of freestyle movements of popping, locking, and breaking. Hip-hop dance has evolved into one of the most popular and influential styles of dance and can be seen on many dance videos and popular social media platforms.

CHEER

Cheer is a style of dance that involves pyramids, formations, tumbling and jumps. It is a fun dance genre that encourages athleticism, fitness, fast pace moves and strong positions.

CONTEMPORARY/LYRICAL-CONTEMPORARY

Lyrical dance is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet. Contemporary dancers strive to connect the mind and the body through fluid dance movements. Contemporary dance stresses versatility and improvisation, unlike the strict, structured nature of ballet.

MUSICAL THEATRE

Musical theatre dance is a type of performance dance that is combined with singing and acting. It is often seen in musicals, and is used to tell a story or convey an emotion through movement. Musical Theatre is a fun way for students to improve and explore their performance skills, confidence and stage presence.

STRENGTHEN AND CONDITION

The Strengthen and Condition Program will improve student's overall dance technique, fitness, flexibility, strength and posture. The classes focus on the stabilising muscles, pelvic tilt, muscle development and muscle control. Specific exercises follow a Pilates program with traditional contemporary dance training technique. This class is taught by a certified Pilates and dance instructor.

ADVANCED TROUPES

This will be by invitation only. Students who are selected for this group will be notified via email (to parents/ carers). It is highly recommended that these students enrol in Ballet and the Strengthen and Condition classes for optimal dance training and performance benefits. Invitations for Troupe in 2023 will be sent in Term One for a Term Two commencement.

DANCE



PROGRAM COSTS

Students can be enrolled in one or more days of the Dance Program.

All Dance programs are 35 weeks in duration and commence in Week 4 of Term One.

The year-long program continues weekly until the end of Week 8, Term Four.

Each class of dance is \$490 per year.

Please note, no refund will be provided if your child is sick, absent or withdraws from the program.

WHAT TO WEAR

Students enrolled in the Academy of Dance will be required to purchase an Academy of Dance shirt, which is worn for all sessions. Until these arrive, students should wear their College PE shirt with their black tights or shorts (boys).

All Dance Styles (excluding ballet)

- Girls-Black tights (any length)
- · Comfortable black t-shirt
- Hair MUST be tied up and off the face
- Boys- Black t-shirt, black shorts

Classical Ballet

- Girls-plain black leotard, pink ballet stockings, Soft Pink Prolite ballet shoes. A single elastic strap on all ballet shoes is required.
- Boys are to wear plain black ballet shoes, black shorts and black t-shirt.

Shoes (Boys and Girls)

- Contemporary/Lyrical-No shoes, black contemporary socks can be worn in Winter
- Jazz-Black Jazz Shoes
- Musical Theatre-Black Jazz Shoes
- Hip Hop-White Sneakers
- Strengthen and Condition-No shoes, black contemporary socks optional
- Advanced Classes-Black Jazz Shoes

Suggested Supplier: Anything Dance Campbelltown

The Dance Program was launched in 2019, as one of the many activities offered in our after-school Talented Athlete Program. Utilising our own highly qualified and experienced dance teachers, sessions have been introduced covering a range of dance styles.

DANCE INSTRUCTOR: REBECCA ELLERMAN

Bachelor of Art Dance, Bachelor of Art Education Dance/Theatre Performance (UNSW)

NIDA- Drama and Acting Techniques, Choreographer/Dance Educator/Performer Studio Pilates Instructor

Rebecca Ellerman has been teaching dance and creating dance work for over 20 years. She has extensive experience in a range of dance styles including ballet, contemporary, jazz, tap, hip-hop and musical theatre. Her choreography repertoire has included numerous musicals, theatre restaurant events, studio concerts, College events and HSC

performances. Rebecca has been involved in bringing dance to students over the past decade, implementing dance programs for both primary and secondary students. She has also completed further theatrical study at NIDA as well as performed herself in a variety of theatre shows with singing, dancing and acting.

Rebecca has a keen interest to ensure young people are learning and creating dance in a safe environment. She is an advocate for Safe Dance Practice, ensuring the students are physically executing movement correctly and developing an understanding for how their body works. Rebecca also provides an emotionally safe environment for students to practice dance ensuring music, costumes and movement reflects the ethos of the College.

DANCE INSTRUCTOR: TRUDI PALLONE A.R.A.D

Royal Academy of Dance Teaching Diploma Choreographer/Dance Educator/Performer Advanced Royal Academy of Dance

Trudi Pallone has been teaching dance for 30 years with experience over many dance genres including ballet, contemporary, jazz, tap, and musical theatre. Trudi is most passionate about classical ballet and obtained her Royal Academy of Dance Teaching Diploma in 1988. After completing her HSC she went into full time classical ballet training and attained her Advanced Royal Academy of Dance Certificate. She then followed a career

of dance that spans from local pantomimes' to performing within the Australian Opera Ballet Company and then through Europe. Returning to Australia, Trudi began her true passion, to teach dance to children of all ages. In 2018, Trudi was awarded the Royal Academy of Dance Presidents Award, a most prestigious award honouring her for her services to classical ballet.

Trudi believes classical ballet to be the foundation of all dance styles. It not only teaches the student beautiful grace and posture, but it also teaches projection and confidence. Dance is not only for the person who would like a career in dance, but it is an overall learning experience that will continue to be evident throughout the students life. Trudi is extremely excited and honoured to be joining the teaching staff at Thomas Hassall and is looking forward to working with the children.





The Advanced Pathway Program is a selective and focused program that enables students to represent the College at a higher level. We anticipate that this in turn will have a positive impact on our wider representative commitments in IPSSO, MISA and NASSA. The objective of all our programs (the Football Development Programs and the Advanced Pathway Program) is to do the following:

OBJECTIVES

• To provide a recognised football training program with accredited coaches that embraces the National Football Curriculum developed by Soccer Federation Australia.

• To model and encourage values based upon excellence in sport

- o Leadership, Service: considering the group above the individual, putting teammates and community above the self
- o Respect: teammates officials parents teachers
- o Inclusive: encourage all not elitist above other students
- o Honour and optimism: team College family
- o Aspire: to do our best
- o Resilient, Persevering: Determined not to give up in the face of adversity
- o Strong Commitment: prepared to work and sacrifice in order to achieve predetermined goals
- o Glory: To develop a culture that reflects our Christian worldview

• To provide a progressive pathway for young people from the grassroots level through to the representative options provided by the College.

ADVANCED PATHWAY PROGRAM FOR REPRESENTATIVE TEAMS

The 2023 programs are designed to identify talented students from Years 3 – 12 and will offer an extensive training program to be conducted before College or within College hours. The APP Football program is designed to complement the training programs that students are committed to after College hours. The format should ensure that all College students will be available to train with the College team.

It is important to understand that the Advanced Pathway Program is aimed at developing not only the player, but the team as a whole, so it is vital that all students wishing to represent the College in Soccer trial for a position in the Advanced Pathway Program.

Students undertaking the Advanced Pathway Program will benefit from the following resources:

- Highly skilled & qualified coaches
- Specialist coaches; with international coaches invited to conduct sessions
- Sports nutrition
- Player screening & evaluation [pse]
- Athletic training, testing and tracking
- Injury management through rehabilitation education
- Recovery sessions
- Sports psychology game preparation & visualisation
- Tactical understanding through game analysis
- Self-discipline & leadership training



ADVANCED PATHWAY PROGRAM FOR REPRESENTATIVE TEAMS

Junior School Programs – for Girls and Boys in Years 3 - 6

Students wishing to represent Thomas Hassall in Junior School football teams must be in the Advanced Football Program.

There will be 4 teams selected:

* APP Football Junior Primary Boys (Years 3 & 4)

* APP Football Junior Primary Girls (Years 3 & 4)

* APP Football Senior Primary Boys (Years 5 & 6)

* APP Football Senior Primary Girls (Years 5 & 6)

Students selected in the Advanced Pathway Program will be coached and trained under the guidance of our Football Director, Mr Sonny Makko.

Teams will train weekly and play in the seasonal weekly competition:

Girls play in Summer IPSSO - Terms 1 and 4. Boys play in Winter IPSSO - Terms 2 and 3

In addition to the IPSSO competition, the APP Football Senior Primary Boys and Girls team (Years 5 and 6) will also compete at the NASSA Soccer Gala Day, Wanderers Cup and other Gala Days, as well as having the opportunity to follow the CIS schools representative pathway.

Trials for Junior School Football Programs will occur early in Term One 2023. The program runs for 35 weeks, commencing in Week 4 of Term One. Once selected, students remain in the program for the entire year.

The Junior School Girls train once weekly and the cost of the program is **\$180**. The Junior School Boys train twice weekly and the cost of the program is \$360.

UNIFORM

All students in the APP Football program are required to purchase the APP training uniform, which consists of a training jersey, training shorts, socks and a wet weather jacket at an approximate cost of \$120. Students selected in the program will be given further details in the New Year and should wear the College Sports Uniform until it is available.





ADVANCED PATHWAY PROGRAM

• APP Year 7 and 9 Secondary Boys Program

A squad of boys from Years 7 – 9 will be selected to train in the APP Football Program two mornings per week. Boys selected in the squad will have the opportunity to represent the College in the Wanderers Cup, MISA Sport, NASSA Gala Days, Futsal Tournaments and invitational football matches subject to age criteria. Boys may also be asked to join the squad for the Bill Turner Cup (15 years and under).

• APP Year 10 – 12 Secondary Boys Program

A squad of boys from Years 10 – 12 will be selected to train in the APP Football Program one morning per week. Boys selected in the squad will have the opportunity to play in Bill Turner Cup, CIS Opens Football Cup, MISA Sport, NASSA Gala Days, Futsal Tournaments, CIS pathway opportunities and invitational football matches, subject to age criteria.

• APP Open Secondary Girls Program

The Open Girls squad is selected from students in Years 7 – 12 and they train 1 morning per week. Girls have the opportunity to play in Wanderers Cup, CIS Opens Football Cup, MISA Sport, NASSA Gala Days and invitational football matches and Gala Days.

SELECTION TRIALS

Trials for the 2023 Secondary Football Program will occur in Week 2 or 3, before the program commences in Week 4. Once selected, students remain in the program for the entire year.

Students in the Senior School Programs will have opportunities to play in a variety of competitions, subject to age eligibility and the number of players allowed per team entered.

In 2023, the Secondary program runs during Terms 1-4. Boys Years 7 – 9 squad train twice weekly and the cost for the program is \$360. Boys Years 10 – 12 squad and the Open Girls squad train once weekly and the program cost is \$180.

UNIFORM

All students in the APP Football program are required to purchase the APP training uniform, which consists of a training jersey, training shorts, socks and a wet weather jacket at an approximate cost of \$120. Students selected in the program will be given further details in the New Year and should wear the College Sports Uniform until it is available.

CONDITIONS

Students interested in participating in either the Advanced Pathway Program or the Football Development Program must be enrolled as a student at Thomas Hassall Anglican College. All students trialling for a position in the Advanced Pathway Program are able to continue with their playing commitments outside of College as Thomas Hassall has no affiliation with any club. Please note no refund will be provided if your child is sick, absent or withdraws from the program.





FOOTBALL



FOOTBALL DEVELOPMENT PROGRAMS - KINDER – YEAR 8

The Football Development Program is offered to both boys and girls from Kinder to Year 8. The program will be conducted after College by specialist and qualified coaches, under the guidance of our Football Director, Sonny Makko.

Students in Year 7 and 8 can join the Tuesday afternoon Year 3 - 8 Football Development program which is held weekly from 3.00 - 4.00 pm.

- Students can enrol in one or more days and fees are payable per day enrolled, for the calendar year.
- The one hour sessions are designed to improve the skill level of each individual and cater for all abilities.
- There are no trials for this program, which commences in Week 4, Term One.
- Sessions will occur from 3.00 4.00pm and will be conducted indoors in the PECS building if it is wet.
- Students wear their College PE uniform or similar training attire for the session.
- · Shin pads are compulsory and need to be worn each week. Boots are optional.

The program is 35 weeks in duration and once enrolled, students remain in the program for the year. The cost per Program is **\$500**. Fees will be placed on your College account

Please note, no refund will be provided if your child is sick, absent or withdraws from the program.

WHAT NEXT?

Complete the registration form indicating which program you are interested in, using the College website <u>www.thac.nsw.edu.au/book</u>. Once registered, students interested in trialling for the Advanced Pathway Football program will receive an email with trial information.

Students who register for the afternoon Football Development programs will receive a confirmation email once accepted into their chosen afternoon program.



FOOTBALL DIRECTOR: MR SONNY MAKKO

AFC/FFA Senior Licence, AFC/FFA C Licence coach Football Director – Macquarie University

Any student who is unsuccessful in gaining a position in the Advanced Pathway Program is encouraged to join the afternoon Football Development Program.

NETBALL

The College is excited to launch our first Netball Development Program in 2023, as an additional sport in the Talented Athlete Program. Utilising our indoor netball courts in the Rawdon Middleton VC Sports Complex, experienced coaches from the local area will provide netball sessions to develop physical and technical skills and an understanding of the game.

NETBALL DEVELOPMENT PROGRAM

ABOUT THE PROGRAM

The Netball Development Program is offered to both boys and girls from Years 3-6. The one hour sessions are designed to improve the skill level of each individual and cater for all abilities. Students will be involved in fun activities that develop skills and promote understanding of the game.

There are no trials for this program.

The sessions will be conducted on the indoor netball courts.

The Netball Development program is 35 weeks in duration and commences in Week 4 of Term One. The year-long program continues weekly until the end of Week 8, Term Four.

WHAT TO WEAR

All students enrolled in the Netball Development Program will wear their College Sport Uniform for the session.

PROGRAM COSTS

Students can be enrolled in one or more days of the Netball Development Program and fees are payable per day enrolled, for the calendar year.

The cost for the yearly program is \$490.

Fees will be placed on your College account.

Please note, no refund will be provided if your child is sick, absent or withdraws from the program.

WHAT NEXT?

Complete the registration form indicating which program you are interested in, using the College website <u>www.thac.nsw.edu.au/book</u>

Once registered, students who register for the Netball Development programs (occur after College) will receive a confirmation email once accepted into their chosen afternoon program.



NETBALL HEAD COACH: DAYLA TIKERI

Accredited Intermediate Netball Coach (2021) Head Coach for Liverpool City Netball Reps 14's (2022) Co-Coach for Liverpool Reps Metro League 1 (2022) Assistant Coach for Liverpool Reps Opens (2022)

Dayla commenced playing in the local Liverpool City Netball Association at 10 years old, after 2 years of foundation netball she was selected into the Liverpool City Netball Representative team for the next 4 years. Her team was crowned Junior State Age Champions twice and runners up twice. Dayla was then selected into the Senior Liverpool City Netball team for Metro League 1 for two years. In 2016, Dayla represented Netball Samoa in the Under 21's Youth team, that qualified for the 2017 Netball World Youth Cup, hosted in Bostwana. Using her skills and experience as a young player, she then went back to Liverpool City Association to assist as a shooting specialist. She has been involved in coaching the following Liverpool City Representative teams: Under 14's who came runners up in 2018, State Age Champions 15's 2019, Metro League 1 Minor Premiers 2020, State Title Champions 17's 2021, State Title Champions Opens 2022 and Metro League 1 Minor Premiers 2022.

Dayla currently is involved in the development of players from Junior to Senior ranks in Liverpool City Reps and is passionate about providing the fundamental skills in the grassroot communities to give them the opportunity to develop as elite athletes.





The College is excited to launch our first Tennis Development Program in 2023, as an additional sport in the Talented Athlete Program. Utilising our recently resurfaced tennis courts, experienced coaches from the local area will provide group tennis lessons to develop physical and technical skills and an understanding of the game.

TENNIS DEVELOPMENT PROGRAM

ABOUT THE PROGRAM

The Tennis Development Program is offered to both boys and girls from Years K - 8. The one hour sessions are designed to improve the skill level of each individual and cater for all abilities. Students will be involved in fun activities that develop skills and promote understanding of the game.

There are no trials for this program.

The Tennis Development program is 35 weeks in duration and commences in Week 4 of Term One. The year-long program continues weekly until the end of Week 8, Term Four.

WHAT TO WEAR

All students enrolled in the Tennis Development Program will wear their College Sport Uniform for the session.

PROGRAM COSTS

Students can be enrolled in one or more days of the Tennis Development Program and fees are payable per day enrolled, for the calendar year.

The cost for the yearly program is \$490.

Fees will be placed on your College account.

Please note, no refund will be provided if your child is sick, absent or withdraws from the program.

WHAT NEXT?

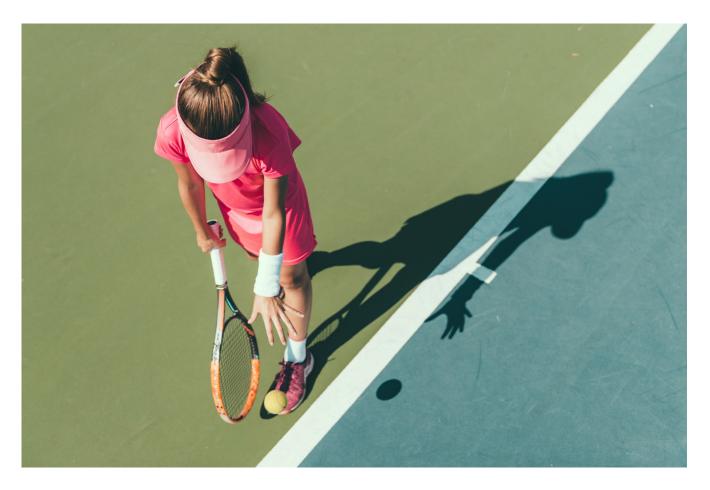
Complete the registration form indicating which program you are interested in, using the College website <u>www.thac.nsw.edu.au/book</u>

Once registered, students who register for the Tennis Development programs (occur after College) will receive a confirmation email once accepted into their chosen afternoon program.





TENNIS



TENNIS COACHING

The College is pleased to be continuing its partnership with Marconi Tennis Academy. Since 1998 the Marconi Tennis and Squash Centre has provided professional coaching services to over 15,000 students from beginners to aspiring professionals at Club Marconi in Bossley Park.

Over the years the club has trained players to:

- Number one rankings in Australia
- Multiple National & State titles
- ITF titles
- · Grand-slam Junior Doubles Final at the Australian Open
- · Full time Australian Institute scholarship holder
- NSW Institute scholarship holder

Marconi Tennis Acaemdy has been providing group lessons as part of our College Sport afternoons for many years and we are excited to continue this relationship.

The Head Coach provided by Marconi Tennis Academy will be announced at the commencement of 2023!

المنابع المنابع

TIMETABLE

		К	1	2	3
Mon	3-4pm	Ballet	Ballet	Ballet	Jazz
IVIOII	4-5pm	Advanced Troupe	Advanced Troupe	Advanced Troupe	Ballet
Tues	3-4pm				Нір Нор
Tues	4-5pm				Contemporary/Lyrical
Wed	3-4pm	Cheer	Cheer	Cheer	
weu	4-5pm	Jazz	Jazz	Jazz	
Thurs	3-4pm	Нір Нор	Нір Нор	Нір Нор	Strengthen and Condition
	4-5pm				Advanced Troupe
Fri	3-4pm	Ballet	Ballet	Ballet	Cheer or Musical Theatre
	4-5pm				

Advanced Pathways Program

BASKETBALL

		К	1	2	3		
Mon	6.45-7.45am						
Fri	6.45-7.45am						
Developm	Development Program						
		К	1	2	3		
Mon	3-4pm				Basketball 3-6		
Tues	3-4pm		Basketball 1-4	Basketball 1-4	Basketball 1-4		
Wed	3-4pm				Basketball 3-6		

Advanced Pathways Program

		К	1	2	3
Mon	7.10-8.10am				APP Primary Football
Tues	6.30-7.30am				
Wed	7.10-8.10am				APP Primary Football
Thurs	6.30-7.30am				
Fri	7.10-8.10am				APP Primary Football

FOOTBALL

Development Program

		К	1	2	3		
Mon	3-4pm	Football K-2	Football K-2	Football K-2			
Tues	3-4pm				Football 3-8		
Wed	3-4pm	Football K-2	Football K-2	Football K-2			
Thurs	3-4pm			Football 2-6	Football 2-6		
Fri	3-4pm			Football Girls 2-8	Football Girls 2-8		

		К	1	2	3
Thurs	3-4pm				
Fri	3-4pm			Netball 2-5	Netball 2-5

TENNIS

			К	1	2	3
	Tues	3-4pm				Tennis 3-4
		4-5pm				
	Wed	3-4pm	Tennis K-2	Tennis K-2	Tennis K-2	
		4-5pm				Tennis 3-6

TIMETABLE

4	5	6	Senior School (7-12)
Jazz	Cheer	Cheer	
Ballet	Hop Hop or Ballet	Hop Hop or Ballet	
Нір Нор			Jazz/Hip Hop
Contemporary/Lyrical			Musical Theatre
	Jazz	Jazz	
	Contemporary/Lyrical	Contemporary/Lyrical	
Strengthen and Condition	Strengthen and Condition	Strengthen and Condition	Contemporary/Lyrical
Advanced Troupe	Advanced Troupe	Advanced Troupe	Strengthen and Condition
Cheer or Musical Theatre	Musical Theatre	Musical Theatre	

4	5	6	Senior School (7-12)
		APP Girls & APP Boys 6-10	APP Girls & APP Boys 6-10
			APP Boys 7-12

4	5	6	Senior School (7-12)
Basketball 3-6	Basketball 3-6	Basketball 3-6	
Basketball 1-4			
Basketball 3-6	Basketball 3-6	Basketball 3-6	

4	5	6	Senior School (7-12)
APP Primary Football	APP Primary Football	APP Primary Football	
			APP Sec Boys 7-9 & 10-12
APP Primary Football	APP Primary Football	APP Primary Football	
			APP Sec Open Girls & Boys 7-9
APP Primary Football	APP Primary Football	APP Primary Football	

4	5	6	Senior School (7-12)
Football 3-8	Football 3-8	Football 3-8	Football 3-8
Football 2-6	Football 2-6	Football 2-6	
Football Girls 2-8	Football Girls 2-8	Football Girls 2-8	Football Girls 2-8

4	5	6	Senior School (7-12)
Netball 4-6	Netball 4-6	Netball 4-6	
Netball 2-5			

4	5	6	Senior School (7-12)
Tennis 3-4			
			Tennis 7-8
Tennis 3-6	Tennis 3-6		



If you would like to enrol your child into one of these programs, please scan the QR code or visit <u>www.thac.nsw.edu.au/book</u>



LEARNING | WISDOM | SERVICE

125 Kingsford Smith Ave, Middleton Grange NSW 2171 T 02 9608 0033 E admin@thac.nsw.edu.au W thac.nsw.edu.au A school within The Anglican Schools Corporation